



“One of the most important practical aspects of our method has been to make the training of the muscles enter into the very life of the children so that it is intimately connected with their daily activities. Education in movement is thus fully incorporated into the education of the child's personality.”

Maria Montessori, *The Discovery of the Child*, Page 81

LEARN MORE AT [MONTESSORI150.ORG](https://montessori150.org)



—Pioneering Woman | Global Social Impact—