



“I would not be able to cite a single example of a conversion taking place without an interesting task that concentrated the child's activities. There are wide varieties of conversions that have occurred in this way. Children of a nervous temperament have become calm. The depressed have regained their spirits, and all have advanced together along the path of disciplined work, making progress through the outward manifestation of an inner energy which has found a means of expressions.”

Maria Montessori, *The Secret of Childhood*, Page 147

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