



“Children develop their brains as well as their bodies through movement, and in the process of concentration, self-discipline, and perseverance with an active interest, the foundations of character are laid. To give our children a fine start in life we must see that their surroundings satisfy their need for activity and development, remembering at the same time that our own part is not that of instructor and interferer but of helper and friend.”

Maria Montessori, *Maria Montessori Speaks to Parents*, Page 51

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