



“The children love to do these things [practical life activities] for themselves and they learn to be careful and precise in their movements. This is both education of movement, because there is a refinement of muscular co-ordination when the work is carefully done, and education through movement, because these activities involve judgement and will, self-discipline, and an appreciation of orderliness.”

Maria Montessori, Maria Montessori Speaks to Parents, Page 49

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